

Read Matthew 14: 22-32, then answer these questions to reflect on the passage and apply it to your life.

What in your life makes you feel like you are standing on a pile of unbalanced, ready-to-topple-over rocks?

At this point in your life, what are you putting your trust in?

What did Jesus tell his disciples?

When we put our trust in Jesus and make Him the foundation of our life, we don't have to be afraid of life's challenges because God will hold us steady.

What happened when Peter lost his trust in Jesus?

When we lose trust in Jesus, or put our trust in earthly things – we, like Peter, will fall.

What did Jesus do when Peter fell into the water?

Jesus is so forgiving and loving. It is never too late to make Him the foundation of our lives. No matter what we have done or what we have put our trust in before, He will always accept the invitation to be our foundation!

Imagine that a challenge or difficult time or life comes your way, and Jesus is your foundation in which you put 100% of your trust. What does this situation look like? (In other words, How do you react to the challenge? What emotions do you have? How is this scenario different than if your foundation was some earthly thing and you did not put your trust in Jesus?)

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